

## **RESP 130 - Respiratory Care Laboratory I Course Outline**

**Approval Date: 12/09/2009 Effective Date:** 08/10/2010

## **SECTION A**

Unique ID Number CCC000522988

Discipline(s) Respiratory Technologies

**Division** Health Occupations

Subject Area Respiratory Care

Subject Code RESP

Course Number 130

Course Title Respiratory Care Laboratory I

TOP Code/SAM Code 1210.00 - Respiratory Care Therapy/Therapist\* / C -

Occupational

Rationale for adding this course to the curriculum Adding prerequisites

Units 4

Cross List N/A

**Typical Course Weeks** 18

**Total Instructional Hours** 

**Contact Hours** 

Lecture 54.00

**Lab** 54.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 108.00

**Total Contact Hours** 108

**Total Student Hours** 216

Open Entry/Open Exit No

Maximum Enrollment 30

**Grading Option** Letter Grade Only

**Distance Education Mode of** 

Hybrid Instruction

#### **SECTION B**

## **General Education Information:**

## **SECTION C**

## **Course Description**

Repeatability May be repeated 0 times

**Catalog** This course covers basic patient assessment, oxygen therapy, bronchial **Description** hygiene techniques, and arterial blood gas punctures. Students' knowledge and technical skills will be developed through integrated laboratory work.

Schedule Description

#### **SECTION D**

Condition on Enrollment 1a. Prerequisite(s): None

1b. Corequisite(s)RESP 120

1c. Recommended: None

1d. Limitation on Enrollment: None

#### **SECTION E**

#### **Course Outline Information**

## 1. Student Learning Outcomes:

- A. Safely administer basic respiratory therapy procedures in a lab environment.
- B. Demonstrate professional behavior appropriate to the lab setting.
- 2. Course Objectives: Upon completion of this course, the student will be able to:
  - A. Apply proper techniques in basic patient assessment.
  - B. Differentiate various breath sounds heard in lung diseases.
  - C. Describe the proper storage, transport, and maintenance of medical gas systems.
  - D. Demonstrate the proper delivery of therapeutic gases.
  - E. Discuss the indications and hazards associated with oxygen administration.
  - F. Compare and contrast humidity and aerosol therapy.
  - G. Apply humidity and aerosol therapy using acceptable techniques.
  - H. Explain the technique for incentive spirometry.
  - I. Explain the use of the various bronchial hygiene devices.
  - J. Demonstrate the proper technique for drawing arterial blood.
  - K. Discuss the technique for intermittent positive pressure breathing.
  - Legislation Describe the indications for basic manual and mechanical ventilation.

M.

#### 3. Course Content

- A. Basic Patient Assessment
  - a. Vital signs
  - b. Breath sounds
- B. Gas Supply Systems
  - a. Storage and transport of gas cylinders
  - b. Storage and filling of liquid oxygen systems
- C. Medical Gas Administration
  - a. Indications and hazards of oxygen therapy
  - b. Calculations for determining gas flow duration
- D. Humidity and Aerosol Therapy

- a. Indications and Contraindication for humidity and aerosol therapy
- b. Safe administration of humidity and therapeutic aerosols
- E. Incentive Spirometry
  - a. Indication for incentive spirometry
  - b. Incentive spirometry technique
- F. Bronchial Hygiene Techniques
  - a. Indications and hazards of various bronchial hygiene techniques
  - b. Choosing the best technique for each patient
- G. Arterial Blood Gas Puncture Technique
  - a. Indications and hazards of arterial punctures
  - b. Demonstration and practice on mannequin arms
- H. Intermittent Positive Pressure Breathing
  - a. Equipment used
  - b. Technique
- I. Manual and Basic Mechanical Ventilation
  - a. Manual ventilation equipment and technique
  - b. Basic mechanical ventilation parameters

C.

## 4. Methods of Instruction:

**Activity:** 

**Distance Education:** 

Lecture:

## **Observation and Demonstration:**

**Other:** Lecture - Instructor relays information on a given subject. Demonstration - Instructor displays respiratory therapy equipment and techniques. Group activities - Students collaborate to solve simulated patient problems.

**5. Methods of Evaluation:** Describe the general types of evaluations for this course and provide at least two, specific examples.

## Typical classroom assessment techniques

Exams/Tests -- Completion of computer programs, internet research assignments, and other homework assignments (10% of final grade).

Quizzes --

Lab Activities -- Completion of laboratory activities and skills check-offs. Example:

Demonstrate technique for instructing patient on incentive spirometry.

Final Exam -- Final exam, to include both multiple choice and essay questions. Quizzes, midterm, and final exam constitute 90% of final grade.

Mid Term -- Midterm exam to include both multiple choice and essay questions. Example of a midterm question: Calculate how long a cylinder of oxygen will last, given the necessary information.

Letter Grade Only

- **6. Assignments:** State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.
  - A. Reading Assignments

Students will read assigned chapters in both required textbooks.

Examples:

- 1. Read chapter six in Butler's Laboratory Exercises in Respiratory Care covering basic patient assessment to include vital signs and breath sounds.
- 2. Read pp. 1-68 in Lab Manual and answer the self-assessment questions at the end of the chapter.

## B. Writing Assignments

Students will perform skills and will answer critical thinking questions from textbooks. Examples:

- 1. Demonstrate proper technique for drawing arterial blood on laboratory mannequin.
- 2. Apply the basic concepts of patient assessment and answer the "Thought Questions" at the end of the lab exercise.
- C. Other Assignments

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## 7. Required Materials

# A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Cairo, J. M.

Title: Mosby's Respiratory Care Equipment

Publisher: Mosby Elsevier

Date of Publication: 2009

Edition: Book #2:

Author: Butler, Thomas

Title: Laboratory Exercises for Competency in Respiratory Care

Publisher: F.A. Davis
Date of Publication: 2009
Edition: 2nd.

## B. Other required materials/supplies.

Reading assignments are also given in books required for co-requisite RESP 120.
 Laboratory Kit.