



NURS 152 - The Role of the Nurse in Health & Wellness, Chronic Illness and Geriatric Care Course Outline

Approval Date: 03/12/2020

Effective Date: 08/14/2020

SECTION A

Unique ID Number CCC000584198

Discipline(s) Nursing
Nursing Science/

Division Health Occupations

Subject Area Nursing

Subject Code NURS

Course Number 152

Course Title The Role of the Nurse in Health & Wellness, Chronic Illness and Geriatric Care

TOP Code/SAM Code 1230.10 - Nursing - Registered Nurse Training (RN, ASN, BSN, MSN)* / D - Possible Occupational

Rationale for adding this course to the curriculum Change of units from 8.0 to 7.5 due to math error. updated requisite requirements

Units 7.5

Cross List N/A

Typical Course Weeks 12

Total Instructional Hours

Contact Hours

Lecture 72.00

Lab 192.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 144.00

Total Contact Hours 264

Total Student Hours 408

Open Entry/Open Exit No

Maximum Enrollment 40

Grading Option Letter Grade Only

Distance Education Mode of Instruction On-Campus

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description Using the knowledge gained taking pre-requisite courses and the concepts and skills learned in NURS 151 regarding the role of the nurse and the practice of nursing, the student will also learn to integrate cultural awareness and growth and development concepts to promote health and maintain wellness in all persons, integrate psychosocial and physiologic knowledge to care for those with chronic illness, understand the unique needs of the geriatric population and how to provide them care.

Schedule Description This 12 week course has 72 hours of lecture and 192 hours of clinical practice.

SECTION D

Condition on Enrollment

1a. Prerequisite(s)

- NURS 151 with a minimum grade of C or better and
- SPCOM 124 with a minimum grade of C or better

1b. Corequisite(s)

- SPCOM 124 with a minimum grade of C or better and

1c. **Recommended:** *None*

1d. **Limitation on Enrollment:** *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

- A. Nursing Process: Prioritize the nursing process to promote health and wellness, provide safe care for clients with chronic health alterations, and focus on the needs of the geriatric population.
- B. Ethical and Legal Guidelines: Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.
- C. Communication: Develop basic principles of effective and therapeutic communication including use of informatics.
- D. Decision Making: Plan relevant evidence based practice to guide basic client care.
- E. Leadership and Management: Provide safe and effective patient centered care in an organized manner.
- F. Commitment: Display professional attitudes and values that demonstrate growth and self-development.

2. Course Objectives: Upon completion of this course, the student will be able to:

- A. Prioritize the nursing process to promote health and wellness, provide safe care for clients with chronic health alterations, and focus on the needs of the geriatric population.
- B. Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.

- C. Develop basic principles of effective and therapeutic communication including use of informatics.
- D. Plan relevant evidence based practice to guide basic client care.
- E. Provide safe and effective patient centered care in an organized manner.
- F. Display professional attitudes and values that demonstrate growth and self-development.
- G.

3. Course Content

- A. Nursing topics/threads to be introduced in this course include: Cultural Awareness, diversity, health promotion & maintenance, management of Care/ leadership, growth and Development/ human sexuality, psychosocial integrity, physiologic adaptation, pharmacological & parenteral therapy, pain management, chronicity, end of life, community care for chronic illness and geriatric care.

2. Pathophysiologic Mechanisms of Disease

- Fluid, electrolyte, and acid-base imbalances
- Genetics and genomics
- Inflammation and wound healing
- Infection and HIV

3. Pre and Post Operative Nursing concepts and care, including pharmacologic intervention

4. Rehabilitative Concepts and the role of the RN

5. Health and wellness throughout the Lifespan

6. Focus on Geriatric Care/ Issues

- biologic and psychosocial issues
- health promotion & wellness using EBP
- pharmacologic intervention
- reduction of risk (falls, malnutrition, STDs)
- nutrition
- patient teaching
- cultural awareness
- caring
- continuum of care including in-home support, assisted living, rehabilitation centers, skilled nursing, palliative care, hospice
- legal and ethical issues
- end of life care

4. Methods of Instruction:

Activity:

Critique:

Distance Education:

Individualized Instruction:

Lab:

Lecture:

Work Experience: Clinical

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests --

Quizzes --

Oral Presentation --

Simulation --

Class Work --

Home Work --

Lab Activities --

Standardized instrument objectively measuring student knowledge --

Class Performance --

Letter Grade Only

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

- A. Reading Assignments
Reading assignments from textbooks.
- B. Writing Assignments
Nursing care plans
Reflective papers
- C. Other Assignments
Case studies

7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Touhy, T., & Jett, K.

Title: Ebersole and Hess' Gerontological Nursin and Healthy Aging

Publisher: Mosby

Date of Publication: 2014

Edition: 4th

Book #2:

Author: Lewis, S. M., Hertkemper, M., & Dirksen, S. R., O'Brien, P. G., &

Title: Medical-surgical nursing assessment

Publisher: Mosby.

Date of Publication: 2017

Edition: 10

Manual #1:

Author: Napa Valley College ADN Faculty

Title: NVC ADN Student Handbook

Publisher: NVC

Date of Publication: 01-01-2018

B. Other required materials/supplies.