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# **HSRV-126: CASE MANAGEMENT IN HUMAN SERVICES**

#### **Effective Term**

Fall 2024

### **SECTION A - Course Data Elements**

#### **CB04 Credit Status**

Credit - Degree Applicable

#### **Discipline**

Minimum Qualifications And/Or

Counseling (Master's Degree)

### **Subject Code**

**HSRV** - Human Services

#### **Course Number**

126

#### Department

Counseling (COUN)

#### Division

Counseling (COUN)

#### **Full Course Title**

Case Management in Human Services

#### **Short Title**

Case Management HSRV

#### **CB03 TOP Code**

2104.00 - \*Human Services

#### **CB08 Basic Skills Status**

NBS - Not Basic Skills

### **CB09 SAM Code**

C - Clearly Occupational

#### Rationale

Updating textbooks, methods of instruction and evaluation, added discipline experts.

### **SECTION B - Course Description**

### **Catalog Course Description**

The course provides training in case management skills to implement with clients in a variety of human service organizations. Students will learn the practical aspects of case management: intake interviews, assessment, organization and design of a case plan, implementation and follow up. Advocacy skills will be reviewed and an overview of legal and ethical issues and professional development activities of human service specialists will be examined.

### **SECTION C - Conditions on Enrollment**

### Open Entry/Open Exit

No

#### Repeatability

Not Repeatable

### **Grading Options**

Letter Grade or Pass/No Pass

#### **Allow Audit**

Yes

### **Requisites**

### Prerequisite(s)

Completion of HSRV-120 with a minimum grade of C

### **Requisite Justification**

### **Requisite Description**

Course Not in a Sequence

### **Subject**

**HSRV** 

#### Course #

120

#### **Level of Scrutiny**

**Content Review** 

### Upon entering this course, students should be able to:

- 1- Define common practices in social work and human service agencies including legal and ethical issues.
- 2- Identify the goals and functions of local social service agencies
- 3- Identify community advocacy for collaboration with local agencies.
- 4- Demonstrate essential helping skills.
- 5- Knowledge of coping and self-care.
- 6- Identify strategies for coping for clients.

### **SECTION D - Course Standards**

Is this course variable unit?

No

#### Units

3.00000

#### **Lecture Hours**

54.00

#### **Outside of Class Hours**

108

### **Total Contact Hours**

54

#### **Total Student Hours**

162

### **Distance Education Approval**

### Is this course offered through Distance Education?

Yes

#### **Online Delivery Methods**

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

### **SECTION E - Course Content**

### **Student Learning Outcomes**

### Upon satisfactory completion of the course, students will be able to:

Students will utilize their interviewing and advocacy skills with clients to design and implement a case management plan that addresses the client's human services needs.

#### **Course Objectives**

	Upon satisfactory completion of the course, students will be able to:
1.	Compare the models and examine the historical perspectives of case management.
2.	Evaluate effective intake interview skills and practice the skills through mock activities.
3.	Identify assessment tools commonly used in case management.
4.	Compare and contrast service delivery models for effectiveness and efficiency.
5.	Design and write a case plan.
6.	Define the purpose of service coordination and identify and match local agencies with target populations.
7.	Evaluate advocacy strategies that increase self-sufficiency of clients and promote change within organizations.
8.	Define legal and ethical issues in human services and assess appropriate behavior for Human Service Specialists.
9.	Analyze professional development opportunities.

#### **Course Content**

Introduction to case management

- a. Historical perspectives on case management
- b. Models of case management
- B. Effective intake interviewing skills
  - a. Interpersonal skills of the helper
  - b. Identification of client needs
  - c. Identification of resources
  - d. Client barriers and challenges
  - e. Diversity issues of clients
- C. The use of assessment in case management
- D. Service delivery planning which includes matching client needs with community resources.
- E. Building a case file
  - a. Formulating a case plan
  - b. Organization and key elements in a case file
  - c. Record keeping
- F. Service coordination with local/state agencies
  - a. Organization and service coordination
  - b. Collaboration
  - c. Providing information and referral
  - d. Follow-up
- G. Advocacy and change for individuals and organizations
  - a. Advocacy for individuals, families and community
  - b. The helper as a change agent
  - c. Current political issues affecting organizations
- H. Ethical and Legal Issues
  - a. Ethical standards of Human Service workers
  - b. Confidentiality
- I. Professional Development
  - a. Addressing burnout, time management, and personal boundaries
  - b. Professional organizations

### **Methods of Instruction**

#### Methods of Instruction

Types	Examples of learning activities
Activity	Small group discussion/work and in-class presentations by students.
Visiting Lecturers	Instructor will invite community representatives to provide lectures on various topics related to the subject matter.
Lecture	Students will attend instructor led lecture (in-person or synchronous or pre- recorded).
Discussion	Students will complete online discussion boards on assigned topics.

### **Instructor-Initiated Online Contact Types**

Announcements/Bulletin Boards Chat Rooms Discussion Boards E-mail Communication Telephone Conversations Video or Teleconferencing

#### **Student-Initiated Online Contact Types**

Chat Rooms Discussions Group Work

### Course design is accessible

Yes

#### Methods of Evaluation

### **Methods of Evaluation**

Types	Examples of classroom assessments
Exams/Tests	Chapter Quizzes
Homework	Completion of chapter exercises
Projects	Review of biopsychosocial assessment, treatment plan, safety plan
Projects	Completion of resource binder for referrals.
Other	Completion of different documentation styles for vignettes presented in class.

### **Assignments**

#### **Reading Assignments**

Readings from required textbook and other sources as assigned.

Example 1: Read the required chapter and write a journal response. Complete chapter exercises or chapter review questions

Example 2: Read the materials collected from the agency and synthesize the information into the paper assignment.

#### **Writing Assignments**

-Written assignments related to readings and in-class exercises.

Example 1:Formulate a written case plan that includes identification of needs, resources available, referrals, follow-up activities.

Example 2: Complete biopsychosocial assessment, treatment plan, on an assigned case vignette.

### Other Assignments

-

### **SECTION F - Textbooks and Instructional Materials**

#### **Material Type**

Textbook

#### **Author**

**Nancy Summers** 

#### **Title**

Fundamentals of Case Management Practice: Skills for the Human Services

#### Edition/Version

5th Edition

#### **Publisher**

Cengage Learning

#### Year

2015

#### ISBN#

130509476X

### **Material Type**

Textbook

#### Author

M. R. Woodside & T. McClam

#### Title

Generalist Case Management: A Method of Human Service Delivery

### Edition/Version

5th edition

#### **Publisher**

Cengage Learning

### Year

2017

### ISBN#

9781305947214

### **Material Type**

Textbook

#### **Author**

Arthur J. Frankel, Sheldon R. Gelman, & Diane K. Pastor

#### Title

Case Management: An Introduction to Concepts and Skills

### **Edition/Version**

4th Edition

#### **Publisher**

Oxford University Press

#### Year

2019

### ISBN#

0190858885

## **Course Codes (Admin Only)**

### **CB00 State ID**

CCC000028269

### **CB10 Cooperative Work Experience Status**

N - Is Not Part of a Cooperative Work Experience Education Program

### **CB11 Course Classification Status**

Y - Credit Course

### **CB13 Special Class Status**

N - The Course is Not an Approved Special Class

### **CB23 Funding Agency Category**

Y - Not Applicable (Funding Not Used)

### **CB24 Program Course Status**

Program Applicable

### Allow Pass/No Pass

Yes

### Only Pass/No Pass

No