



ADS 133 - Assessment and Treatment Planning in Addiction Studies Course Outline

Approval Date: 04/11/2019

Effective Date: 08/12/2019

SECTION A

Unique ID Number CCC000525413

Discipline(s) Counseling

Division Counseling

Subject Area Addiction Studies

Subject Code ADS

Course Number 133

Course Title Assessment and Treatment Planning in Addiction Studies

TOP Code/SAM Code 2104.40 - Substance Abuse/Addiction Counseling* / C - Occupational

Rationale for adding this course to the curriculum Change subject coded COUN to ADS

Units 2

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 36.00

Lab 0.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 72.00

Total Contact Hours 36

Total Student Hours 108

Open Entry/Open Exit No

Maximum Enrollment

Grading Option Letter Grade Only

Distance Education Mode of Instruction On-Campus
Hybrid

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description The course reviews of the principles and practices of addiction treatment including the processes of intake, screening, assessment, treatment planning, referral, documentation, professional and ethical codes of conduct. Students will practice documentation record management procedures.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s): *None*

1b. Corequisite(s): *None*

1c. Recommended: *None*

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

A. Students will be able to conduct intake, screening, assessment, treatment planning, referral and documentation for clients in treatment for alcohol and other substance use, utilizing professional and ethical codes of conduct.

2. Course Objectives: Upon completion of this course, the student will be able to:

- A. Review and evaluate the interdisciplinary approach to addictions treatment.
- B. Compare and contrast various substance use assessment instruments and diagnostic tools and understand their uses applied to specific populations.
- C. Develop treatment plans appropriate to the clients' developmental stage, degree of dependence, readiness of change and phase of recovery.
- D. Define and compare the professional standards and code of ethics for Certified Addictions Treatment Counselors.
- E.

3. Course Content

- A. Interdisciplinary approach to addictions treatment.
 - a. Theories and practices of addiction treatment
 - b. Ancillary services to support long-term recovery
- B. Assessment and diagnosis tools in treatment
 - a. 5-axis diagnosis of substance abuse based on DSM-V
 - b. Consent for treatment: confidentiality; inform client of program procedures and responsibilities; inform client on counselor mandated reporting laws
 - c. Assessment in treatment; danger; Addiction Severity Index; Stages of Change assessment; specific assessments for target populations (adolescents, older adults); family involvement in working with adolescents
- C. Treatment plans for client's stage of dependence, change and recovery
 - a. 7 domains: substance use; physical health; mental health; vocational/educational/economic status; family status; social; legal and environmental constraints
 - b. Modify client outcome goals as necessary based on domains
 - c. Assess insurance and financial options for treatment
 - d. Provide appropriate referrals and service coordination
- D. Professional standards and code of ethics
 - a. Code of ethics for Certified Addictions Treatment Counselors

- b. Professional standards and scope of practice
- c. Title 22 regulations for community care facilities regulated by the Community Care Licensing Division of California
- d. 42 code of Federal regulations and other state and federal regulations
- e. Professional development and self care
- f. Participation in supervision and consultation
- g.

4. Methods of Instruction:

Discussion:

Lecture:

Observation and Demonstration:

Other: Lecture, discussion, group work, scenarios, and case review. 1. Lecture on the theories of addiction treatment. 2. Group work utilizing consent of treatment forms, practice various scenarios informing clients of their rights and responsibilities in treatment. 3. Review case studies on various treatment plans and evaluate the strengths and weaknesses of each plan.

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

- Exams/Tests --
- Quizzes --
- Papers --
- Oral Presentation --
- Group Projects --
- Class Participation --
- Class Work --
- Home Work --
- Final Exam --
- Mid Term --

Additional assessment information:

Grades will be based upon:

A final, midterm, quizzes, writing exercises, a written treatment plan, and examination of case studies and group work.

For example:

1. A written treatment plan that includes conducting an intake, assessing and screening, and providing referral and documentation on a substance using (case study) client.
2. Quiz on reading of textbook chapters on the Code of Ethics for Certified Addictions Treatment Counselors.

Letter Grade Only

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Selected readings from textbook, Addiction Counseling Competencies Manual, periodicals or other articles covering topics outlines in lecture.

For example:

1. Read the Code of Ethics for Certified Addictions Treatment Counselors and in small groups discuss the applications of the codes to various vignettes and the consequences

of violating these codes.

2. Read the theories of addiction treatment and compare and contrast the differences of two theories in an essay.

B. Writing Assignments

Written essays, journal entries and papers on the topics of assessment and treatment plans.

For example:

1. Research the Title 22 regulations for Community Care facilities in California, and select a local agency that is required to implement these regulations. Utilizing interview techniques taught in class, identify in a written report how these guidelines are implemented at the local agency and what implications they have on quality of care for clients.

2. Utilizing documentation techniques, write a treatment plan for a client receiving outpatient substance use treatment services, and include a discharge summary. Incorporate the mutually agreed upon goals and outcomes between the client and the counselor.

C. Other Assignments

Practice techniques through vignettes role plays and case studies.

For example:

1. Demonstration of skill in recognizing critical issues in assessment, treatment planning and referral to other professionals in role plays and written vignettes.

7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Summers, Nancy
Title: Fundamentals of Case Management Practice: Skills for the Human Services
Publisher: Cengage Publishing
Date of Publication: 2012
Edition: 4th

Book #2:

Author: Woodside and McClam
Title: Generalist Case Management
Publisher: Cengage Publishing
Date of Publication: 2014
Edition: 4th

Book #3:

Author: Finley, Lenz
Title: The Addiction Counselors Documentation Sourcebook: The Complete Paperwork Sourceguide for Treating Clients with Addictions
Publisher: Wiley Publishers
Date of Publication: 2007

Edition:

Book #4:

Author: Woodside & McClam

Title: Generalist Case Management Workbook

Publisher: Cengage Publishing

Date of
Publication: 2014

Edition: 4th

Book #5:

Author: Federal Government

Title: Addiction Counseling Competencies: The Knowledge, Skills, and
Attitudes of Professional Practice

Publisher: {Technical Assistance Publication (TAP) Series 21}; SAMHSA Publication
No. (SMA) 12-4171

Date of
Publication: 2008

Edition:

Book #6:

Author: Perkinson, Jongsma Jr., & Bruce

Title: The Addiction Treatment Planner

Publisher: Wiley

Date of
Publication: 2014

Edition: 5th

B. Other required materials/supplies.